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ANNUAL THYROID UPDATE 2024

**Hotel Residency Towers
Trivandrum**

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 **Providence**
Endocrine & Diabetes
Specialty Centre

Dear friends,

In this 10th year of The Annual Thyroid Update in 2024, we have put together an exciting collection of topics to cater to the advances of thyroidology with practical applications.

There are 2 talks which will enthrall you with a pictorial journey of thyroid ophthalmopathy and endoscopic thyroidectomy. There is a session on thyroid nodules and thyroid cancer management which is designed as a panel discussion. In addition, there are lectures and case-based talks addressing controversies and common scenarios in practice.

Our Grand Thyroid Quiz this year becomes more exciting with a wider audience participation and an exciting theme.

We are fortunate to have an enhanced collaboration with Indian Thyroid Society this year which has led to a post graduate education program on the eve of the update.

Let us embark on a journey of great learning.

Thank you,

Organising Team

Chairperson : Dr. Mathew John

Secretary : Dr. Tittu Oommen

Scientific Committee: Dr. Jabbar P.K, Dr. Arun S. Menon, Dr. Thushanth Thomas

Joint Secretary : Dr. Deepa G

Thyroid Quiz Master : Dr. Vimal M.V

Indian Thyroid Society

President : Dr. Shashank Joshi

Secretary : Dr. Arun S. Menon



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NATIONAL FACULTY

Dr. Shriraam Mahadevan, MD, DM | Sri Ramachandra Medical Centre (RMC), Chennai

Dr. Chitra Selvan, MD, DM | Ramaiah Medical College, Bangalore

STATE FACULTY

Dr. Vimal M.V., MD, DM | Aster MIMS, Calicut

Dr. Ajish T.P., MD, DM | Travancore Medicity & Promise Superspecialty Centre for Diabetes and Endocrinology, Kollam

Dr. Jeevan Joseph, MD, MRCP (UK), CCT (UK) | Jeevan's Diabetes and Endocrine Centre & Vimala Hospital, Kottayam

Dr. Nandini Prasad, MD, DM | St.Gregorios Medical Mission Hospital, Parumala

Dr. Rahul Valsaraj, MD, DM, DrNB | VPS Lakeshore Hospital, Kochi

Dr. Vivek Mathew, MD, DM | VPS Lakeshore Hospital, Kochi

Dr. Aromal C.S., MS, MCh (Endocrine Surgery) | Travancore Medicity Kollam and PRS Hospital, Trivandrum

Dr. Ansar P.P., MS (Gen Surgery), DNB, (Surgical Oncology) | Sree Gokulam Medical College, Trivandrum

Dr. Arun Sasikumar, MD, FEBNM, FANMB, MICNM | Swasti PET/CT Imaging and Nuclear Medicine, Trivandrum

Dr. Aneesh Ghosh M.S., MD, DNB (Endo) | CODES & Ananthapuri Hospital, Trivandrum

Dr. Marian Pauly, MS, DNB | Giridhar Eye Institute, Kochi

Dr. Mathews John, MS, F.MAS, D.MAS | The Lifeline Hospital, Adoor

MEET OUR FACULTY HERE 

ANNUAL THYROID UPDATE 2024

Practical thyroidology

Chairpersons : Soumya S, Anupama R

09:00-09:20	A lady with hyperthyroidism in pregnancy: lessons learnt	Nandini Prasad , Parumala
09:20-09:40	Managing a patient with adverse reaction to antithyroid drugs	Rahul Valsaraj , Kochi
09:40-10:00	Managing a patient with anemia and thyroid disease	Vimal M.V. , Calicut
10:00-10:20	Using oral T3 in clinical practice	Chitra Selvan , Bangalore

Pictorial journeys

Chairpersons : Sreejith Babu, Mohan T. Shenoy

10:20-10:40	Thyroid Eye Disease	Marian Pauly , Kochi
10:40-11:00	Endoscopic Thyroidectomy	Mathews John , Adoor

Balanced opinions

Chairpersons : Sanjay Zachariah, Jacob John

11:20-11:40	Should people with autoimmune thyroid disease avoid gluten ?	Jeevan Joseph , Kottayam
11:40-12:00	Are all thyroxine formulations the same: what should a clinician know ?	Shriraam Mahadevan , Chennai
12:00-12:20	Supplementing calcium in people with thyroid disease ?	Vivek Mathew , Kochi

Clinics and Labs

Chairpersons : Thushanth Thomas, Mahesh Sukumaran

12:20-12:40	A few weird thyroid function tests : how I sorted it out ?	Ajish T. P. , Kollam
12:40-13:00	Limitations of thyroid ultrasound : a case based approach	Aromal C.S. , Kollam

The multidisciplinary thyroid team

Moderator : Aneesh Ghosh M.S

13:00-14:00	A benign nodule A malignant nodule	Ansar P.P. , Trivandrum Arun Sasikumar , Trivandrum Jeevan Joseph , Kottayam Vivek Mathew , Kochi
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GRAND THYROID QUIZ - 2024

Hotel Residency Towers
Trivandrum

SEASON - 5

Get ready to put your knowledge of thyroid to the test and embark on an exhilarating journey of discovery. Our quiz competition promises thrills, excitement, and a chance to showcase your intellect. Whether you're a trivia titan or just love a good challenge, this is your opportunity to shine. With diverse categories and brain-teasing questions, there's something for everyone. Don't miss out on the chance to compete, win amazing prizes, and connect with fellow enthusiasts.

This year, our thyroid quiz is themed on blockbuster Malayalam movies.

3 PM ONWARDS

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₹50K+
IN
PRIZE MONEY

POSTGRADUATES
OF ALL
DISCIPLINES

TRAVEL
GRANTS*



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QUIZ COORDINATORS

Dr. Vimal M.V, MD, DM
Dr. Tittu Oommen MD, DM
Mrs. Manju M. J
Mrs. Rejitha Jagesh

COORDINATORS

Chief Coordinator : Mr. Ben Johnson
Event Coordinator : Ms. Manju A. P

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* for finalists

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EVENT PARTNERS



COORDINATION TEAM

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Parvathy S
Surya Mol. L
Anjali Anil
Thushara M. R

Food & Beverages

Soumya R. Dharan
Anish Titus
Athira J.R
Vibin V. B

Venue

Renjini U
Anju S. R
Dinunath K. S
Malavika S. R

Audio Visual

Thansi M. S
Aswathy G. R
Chinnu K. S
Dr Janetha Edwin

Quiz Hall

Manju M. J
Sreekutty S
Revathy V.K
Aswathy Krishna

CONFERENCE SECRETARIAT

Providence Healthcare

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