

This year, Diabetes Dialogues will be fully digital and bigger.

But you will never feel out of place as we will keep you fully engaged with interesting and practical talks, quizzes, exhibitions and prizes.

**SAVE
YOUR
DATES**

DIABETES DIGITAL DIALOGUES 2020

12, 13 SEPTEMBER 2020
**Targeting Risk and Improving
Outcomes**



Dear colleague,

Since the last 5 years, we have brought the best speakers in diabetes and allied specialties from all over the country to update you on recent advances in the field. As you are aware, things have taken a turn with the onslaught of corona virus epidemic. Unfortunately our event was planned at the helm of the epidemic and we had to cancel the same.

Web based conferences have now become a norm and we are proud to embrace the new normal. Although the content had to be modified, our commitment to bring unbiased and practical medical knowledge remains the same.

We have symposiums focusing on obesity, cardiovascular disease and emerging drugs. Case journeys will highlight different cases related to a topic and its approach will be discussed in detail. The talks will be focused and enough time will be dedicated for interaction.

As always, we promise to add significant value to the time that you spend in Diabetes Dialogues 2020.

We hope you will join us for a great learning experience.

ORGANIZING TEAM

Mathew John, Organising Chairman

Tittu Oommen, Organising Secretary

Deepa G, Joint Organising Secretary (Physician stream)

Rejitha Jagesh, Joint Organising Secretary (Paramedic stream)

Ben Johnson, Event Coordinator

Program

12 September 2020

ROGER UNGER HALL

GLOCAL ISSUES IN DIABETES

Chairpersons: Sasikumar V, Sunil Prasobh

6:00-6:15 PM: Is diabetes care moving beyond the reach of common man: patient and doctor ?

Sanjay Kalra

6:15-6:30 PM: What are the barriers to adoption of technology in diabetes ?

Jothydev Kesavadev

6:30-6:45 PM: How can we reduce deaths in people with diabetes ? **Neeta Deshpande**

6:45-7:00 PM: Sarcopenia in people with diabetes : risk factors, assessment and prevention

Om J. Lakhani

DISCUSSION

CRITICAL QUESTIONS IN DIABETES

Chairpersons: Sukesh RS, Prashant Shankar

7:15-7:30 PM: How do I advise patients on home BP monitoring ? **Tejas Shah**

7:30-7:45 PM: Does age of diabetes onset in type 2 diabetes influence long term prognosis ?

Suresh Damodaran

7:45-8:00 PM: Should post prandial hyperglycemia be treated to target ? **Jeevan J.M.**

8:00-8:15 PM: Should lipid profiles be done in fasting anymore ? **Thushanth Thomas**

8:15-8:30 PM: Should bone health be a priority in people with diabetes ? **Jabbar P.K**

DISCUSSION

Program

12 September 2020

FRED SANGER HALL

PRACTICAL ISSUES IN NUTRITION PRACTICE

Chairpersons: Anitha Mohan, Sherin Thomas

6:00-6:15 PM: My client with diabetes is convalescing after a hospital discharge.

How can we plan his nutrition ? **Mumtaz Khalid Ismail**

6:15-6:30 PM: My client is eager to follow a low carbohydrate diet. How can I help her ?

Bhuvaneshwari Shankar

6:30-6:45 PM: My client is an adolescent with type 1 diabetes : challenges and solutions in dietary management **Mini Joseph**

6:45-7:00 PM: What is the safety and efficacy of dietary supplements in diabetes ?

Mohan T Shenoy

DISCUSSION

FOOT CARE IN PRACTICE

Chairpersons : Shabeer A. Rasheed , Arun Shankar

7:15-7:30 PM: Advanced wound care : what is practically available ? **Ajith Kumar**

7:30-7:45 PM: Practical foot care advice for people with diabetes **Kavitha K.V.**

DISCUSSION

Program

12 September 2020

FRED SANGER HALL

DIABETES
DIGITAL
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2020

PRECISION MEDICINE SYMPOSIUM

Chairpersons : Mohan T. Shenoy, Darvin V. Das

7:45-8:00 PM: Case 1 : person with type 2 diabetes and clinical concerns of CVD: treatment options with GLP-1RA **Santosh R**

8:00-8:15 PM: Case 2 : person with type 2 diabetes with proteinuria : role of glycemic control, RAAS inhibitors and SGLT2 inhibitors **Manju Thampi**

8:15-8:30 PM: Case 3 : Type 2 diabetes and high CV risk : choosing the next glucose lowering drug after Metformin **Ramesh Gomez**

As we continue to disseminate knowledge in diabetes, we chose to pay tribute to some of our heroes. This year we honour 2 giants in diabetes space by naming our lecture halls after them: Dr. Roger H. Unger and Dr. Frederick Sanger

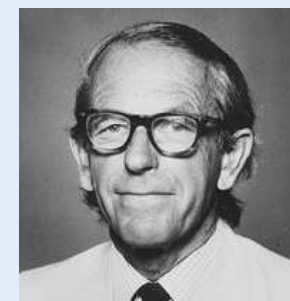
Dr. Roger H. Unger 1924-2020

Undertook cardinal work in establishing that diabetes is a bihormonal disease. Established the role of glucagon in diabetes and developed assays for glucagon.



Dr. Frederick Sanger 1918-2013

Received Nobel Prize twice in chemistry: for seminal work in protein structure especially insulin(1958) and for determination of base sequences in nucleic acids (1980).



Program

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ROGER UNGER HALL

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CARDIOVASCULAR DISEASE SYMPOSIUM

Chairpersons: Anand M. Pillai, Abilash Nair

09:00-09:15 AM: SGLT2 inhibitors in prevention and treatment of heart failure **Govindan Unni**

09:15-09:30 AM: How are SGLT2 inhibitors different from diuretics ? **Binayak Sinha**

09:30-09:45 AM: Reducing ASCVD in subjects with high CV risk: role of anti diabetic agents

Sakthivel Sivasubramanian

09:45-10:00 AM: Stable Ischemic heart disease in subjects with diabetes : are invasive strategies better than optimal medical management ? **George Koshy**

10:00-10:15 AM: Heart failure management in primary care : practical considerations in using ARNI
Govindan Unni

CASE JOURNEYS IN DIABETES

Chairpersons: Rajmohan L, R. Rajapaul

10:40-11:00 AM: When to suspect familial dyslipidemia syndromes **Ashish Sehgal**

11:00-11:20 AM: Chronic liver disease in diabetes **Mathew Philip**

11:20-11:40 PM: Hyperuricemia in people with type 2 diabetes **Vishad Vishwanath**

11:40-12:00 PM : Diabetic foot : mistaken identity **A.K. Bhat**

UPDATES IN DIABETES THERAPEUTICS

Chairpersons : Mahesh Sukumaran, Tony P. Joseph

12:20-12:40 PM: Second generation basal insulin: more similarities or more differences ? **Santosh R**

12:40-01:00 PM: Starting the diabetes treatment : do we have enough evidence for early combination therapy ? **Suresh Damodaran**

01:00-01:20 PM: Treating diabetes in elderly: targets and therapeutics **Binayak Sinha**

01:20-01:40 PM: Position of sulfonylurea in the current treatment paradigm : **Tittu Oommen**

Program

13 September 2020

FRED SANGER HALL

OBESITY SYMPOSIUM

Chairpersons: Benny PV, Nishant Thomas

09:00- 09:15 AM: Diets for weight loss: what is practical ? **Bhuvaneshwari Shankar**

09:15-09:30 AM: Organising obesity care in practice: my experience **Neeta Deshpande**

09:30-09:45 AM: Why is weight loss difficult to achieve ? **Ashish Sehgal**

09:45-10:00 AM: When to use medicines for obesity ? And what ? **Anish Ahmed**

10:00-10:15 AM: Slimming programs :science or fiction ? **Aneesh Ghosh**

DISCUSSION

INSULIN SYMPOSIUM

Chairpersons: Sanjay Zachariah, Sumesh Raj

10:40-11:00 AM: Advancing therapy after orals: the way forward **Sanjay Kalra**

11:00-11:20 AM: In-hospital glycemic control : unleashing the power of modern insulins **Jeevan JM**

11:20-11:40 AM : Common mistakes by patients and doctors using insulin **Suja Sukumar**

DISCUSSION

THE DEVICE SYMPOSIUM

Chairpersons: Ajithkumar PV, Rony Reuben

12:00-12:20 PM: Interpreting Ambulatory blood pressure readings **George Koshy**

12:20-12:40 PM: Case based discussion of using glucometers in clinical practice **Anish Ahmed**

12:40-01:00 PM: Case based discussion for using continuous glucose monitoring and strategies for improving Time In Range **Om J. Lakhani**



SYMPOSIUMS

Obesity
Cardiovascular Disease
Insulin
Emerging Drugs
Case Journeys
Paramedic Workshop

REGISTRATION

Registration is complimentary but compulsory

Online registration

<https://providenceconference.com/registration/>

FACULTY

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Mini Joseph, Trivandrum



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